

Light Therapy for foot

MANUAL



before using this product please read this user instruction carefully and keep it for future reference.

► Safety requirements and Notes

Dear Users,

Thanks for purchasing red light & infrared light therapy. Instruction for use has been provided to ensure that you will be able to understand and safely use this device.

► Important Notice

If you have any problem or need help in using, please contact our technical service center for help in time. We will give you technical support or arrange professional technical expert for service at the first time.

Use correctly can extend the life of equipment, also make fully usability of equipment by farthest.

Abnormal operation, hazards to equipment or personal injury caused by operations that are absolutely prohibited as specified in this document. Disclaims any responsibility for safety, reliability or performance of this equipment by not observing the instructions! Any faults arising from such non-observance will invalidate the warranty!

Please carefully read the instructions in the “safety requirements”, “Note” and the special warnings”! part of the content.



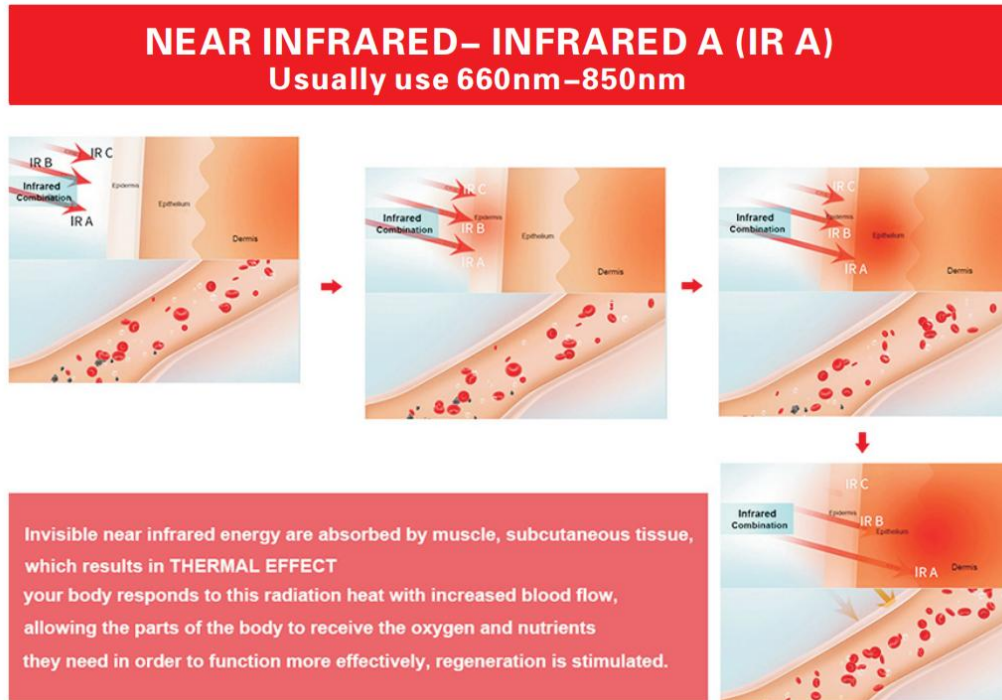
- 1. Relax muscles and relieve muscle cramps, pain and stiffness.**
- 2. Relieve foot pain**
- 3. Accelerate healing, relieve pain and relax muscles.**
- 4. Reduce pain and stiffness**
- 5. Promote blood circulation**
- 6. Enhance recovery ability after sports or injuries.**

► Introduction

Effective wavelength of near infrared light therapy include 750nm to 1,400nm. The wavelength of the near infrared is more beneficial in treating deep wounds and relieving muscle and joint pain. 850nm is common for near infrared light therapy.

Shoes adopt 66pcs 850nm infrared led lights(invisible to naked light) and 66pcs 660nm red led lights. The combination of red and infrared light increase blood circulation by thermal effect to provide pain relief.

How dose infrared light work?



The NIR is the shortest wavelength and the most penetrating infrared ray. Which can penetrate 5 to 10mm of the human body tissues.

Infrared light can penetrate the skin, directly to the muscles, subcutaneous tissue which helps

to accelerate blood circulation, increase metabolism, relieve pain and increase muscle relaxation, resulting in massage effects. Infrared treats the disease at different levels because of mobilize the body's own disease-resistant ability.

► **Function**

The Amazing Light Therapy Product (infrared LED therapy Mitten) benefits:

- ◆ Relieves stiffness & spasm
- ◆ Easily administer at home
- ◆ Improve circulations
- ◆ Calms the nervous system
- ◆ Reduces pain and inflammation
- ◆ Improves hydration and oxygenation of the tissues
- ◆ Safe for all types of skin

SAFE & NATURAL PAIN TREATMENT:

- ◆ Double sides treatment
- ◆ Relieves pain and stiffness
- ◆ Enhances recovery from exercise or injury
- ◆ Accelerates healing, soothes pain, and relaxes muscles
- ◆ OTC class II medical device
- ◆ Increase blood circulation

◆ Medical -grade LED lights reach deep into joints and soft tissue

Infrared & Red Light Therapy Device penetrates muscles and joints effectively to improve blood circulation and relieve pain, suitable for hand joint rheumatism nerve tendon sheath pain, etc.

Targeting The Body to Protect Your feet



Running for a long time, often wearing
Causes manual work, and strenuous exercise leads to muscle strain



► **Product description**

LEd red light consists of
1X infrared light pad
132pcs Lights: SMD(66pcs red lights&66pcs IR lights)
1xDC cord
1X auto shut-off timer:30minutes
1XAC Adapter: AC100~240V with a cord.



► **Instruction for use**

★A1:1XRed&Infrared LED Lights Therapy Devices

★A2: 1 X DC Cord.

★A3:Auto Shut-Off Timer(30 Minutes).

★A4:1XAC Adapter(AC100-240V)& Power Cord.





► **Cleaning**

1. Disconnect the device from the power supply before cleaning.
2. Using a soft cloth with a little water to gently wipe the surface of device.

► **Caution**

1. Do not use alcohol or other corrosive cleaning agents to avoid corroding the surface and damaging internal parts.

2. Do not apply liquid cleaner directly to any surface of the adapter, timer, pad as it could cause damage to the electrical components.

► Storage

The device must be stored in dry area; away from high humidity

► Warning

No washing

No compression

Stay dry

Handle lightly

► Attention

People with heart disease or heart pacemaker can not use this light therapy system

Pregnant woman, skin-ulcers and allergic people can not use it.

► **Features**

Model:	
Material:	75% neoprene and 25%velvet
Power supply	AC 100-240Vor DC 12VCabpay Portable power
Product size	12.5*5.3*2.3inches
wavelength	660nm+850nm
Temperature	Max 104 ° F
Frequency	50/60 Hz
N.W	0.80kg
G.W	0.82kg

► **Warranty and disclaimer**

Limited One-Year Warranty

We service a limited one-year warranty for the original purchaser against any technical defects. Warranty coverage applies to the original owner and to the original product only and is not transferable.

We warranty that the device shall be free from defects in material and workmanship for one year from the date of purchase when the device is used and maintained according to the requirements outlined in the User Manual.

If your device stops functioning or working as intended during the one-year warranty period, please contact with us and one of our customer service team members will work with you to understand the issue and give you instructions on how to get your LIGHT THERAPY repaired or replaced, free of charge.

This warranty does not cover normal wear of the device and does not apply to any device that has been tampered with or damaged due to misuse, abuse, or negligent handling

Dear Customer, thanks so much for your great support on us! if there is anything problem with device, please feel free to contact us and we will be glad to help you.

Please send us the photos or videos of the product failure, and please kindly advise me your order number, phone number, contact name and shipping address.

If your order is still on one-year warranty, we will resend you the new replacement once we confirm the exact problems. Thanks for your cooperation in advance.

► **Specific Warranty Policy**

- ✓ 1-Year defects liability period
- ✓ 60 days return and replacement warranty
- ✓ 18-month free replacement for charger, controller and connectors. (if they are broken).
- ✓ Return postage borne by customers
- ✓ Return requests as "I don't like it", "i don't want it", "the color doesn't look good" are not accepted.
- ✓ The-less-than-three-light-broke-situation will not covered in the warranty policy because it doesn't affect usage effect. ✓ keep the original outer package for successful return.

► **Frequently Asked Questions**

Q1: What should therapy feel like?

A1: You should feel mild warm-up on your hands and fingers relax.

Q2: Will it be hot ?

A2: Not too much.It is warm but can not burn you.

Q3: What's the wavelength of the lights?

A3:66pcs 660nm in red lights and 66pcs 850nm in infrared lights

Q4: Why are only half part of lights on?

A4:All the lights are working,but 660nm LED are visible red lights,and 850nm near-infrared LED is invisible lights.

Q5: How often should I use the mitten?

A5: You may apply it for 1-3 times per day, 30 minutes each time.

Take a rest and drink some water to relax yourself before next following use.

Q6: Can I use it while traveling?

A6:Yes, but you need to buy one Power Bank set to use.

Q7: Can it contact with my skin directly?

A7: Yes.

Q8: What is the dimension of the system?

A8:9.8"x6" therapy area.

Q9: Does it need to be plugged into the socket?

A9: Yes. U.S. standard Input AC 110-240V, Output DC 12V. EU/UK needs conversion plug.

Q10: How long will it take to experience relief?

A10: We recommend wearing it for 2-3 therapy sessions per day for the first month. Please be patient because it may take several weeks to experience optimal relief.

Q11: Can I use this with pain medications?

A11: Speak to your doctor about your pain medication use in conjunction with our wrap.

Q12: Are there side effects?

A12: No. You may experience the skin irritation if you're allergic to the fibers.

Q13: Can I place the device on my pets?

A13: Yes. (except for face and head).

Q14: Can people with heart disease or heart pacemaker use it?

A14: No.

Q15: What situations should I not use the therapy?

A15: When you suffer high fever, tumour, open tuberculosis, heart disease, acute soft tissue

injury.

Q16: Can I use it while sleeping?

A16: Yes, but pay attention to not treading or pressing on the light.

Q17: Can multiple people share the device?

A17: Yes.

Q18: Can I put the device into water for washing?

A18: No.